



Pune District Education Association's

College of Ayurved & Research Centre

(I.D.No. P.U./P.N./AYU./081/1990)

Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.

Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in

E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc_akurdi@pdeapune.org

International student cell

'Ayurveda' is an Indian medicinal science; it is gradually receiving international acclamation.

After COVID -19 pandemic, world is now looking at Ayurveda with a great hope to stay fit & for finding solutions to health problems natural way.

We are aware that Globalization of Ayurveda has many barriers but still doctors from all corners of the world are eager to know about Ayurveda.

Not only doctors but people around the world of diverse professions are becoming curious about our very own ancient Ayurveda for better health and lifestyle natural way!!!

AYUSH Ministry is our regulatory body, is working hard to get worldwide acclamation for Ayurveda

Celebration of Ayurveda day on the first day of festivals of light, "Diwali" (Dhanatrayodashi) and Celebration of International Yoga day on 21st June are the important steps taken by the AYUSH Ministry in the year 2015, which our institution is following meticulously every year!

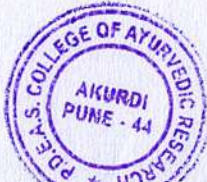
For the propagation of Ayurveda, Ayurveda Chair has been introduced in the different countries like Slovenia, Portugal, Brazil etc. & eminent professors are selected for the chair through strict selection process. In the year 2019, faculty from our institute had been scrutinized and selected for the interview for the post of international chair.

MUHS has active international student cell called as "International Student Hub" & in the near future, MUHS will work with its affiliated Ayurveda teaching institutes at international level.

Through "International Student Hub", MUHS has done 82 memorandums of understanding (MOU) with international universities & institutions. Due to this cell, knowledge sharing, faculty exchange has been eased. Pretty soon, MUHS along with its affiliated Ayurveda colleges might establish Ayurveda short courses to attract international students for the international propagation of Ayurveda. Since 1992, PDEA's CARC is actively participating in the international propagation of Ayurveda by organizing visits of foreign delegates to our institution & hospital.

Our many faculties have been allowed & encouraged to visit foreign countries like Poland, Tel Aviv University Israel, USA, Netherlands for the propagation of Ayurveda.

For globalization of Ayurveda, PDEA's CARC, Nigdi, Pune has established committee to run international student cell successfully.





Pune District Education Association's

College of Ayurved & Research Centre

(I.D.No. P.U./P.N./AYU./081/1990)

Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.

Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in

E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc_akurdi@pdeapune.org

Online Basic course in Ayurveda

Names of the online Courses conducted by PDEA's College of Ayurveda & Research Center, Nigdi, Pune (MS, India)

1. Basic Course in Ayurveda
2. Yoga for Health
3. Eligibility: candidate who is keen to learn Ayurveda & Yoga

- Fee structure for basic course on Ayurveda: 70 \$
- Fee structure for Yoga Course : 70\$
- Mode of Payment : NEFT

Duration of the Courses – every Saturday for 3 months

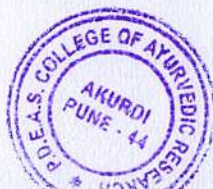
Commencement of the courses:

- February
- June
- September

Email id for Correspondence – carcakurdi@gmail.com

Need of the time: Online basic course of Ayurveda

- People around the world of every profession are becoming curious about our very own ancient Ayurveda for better health and lifestyle natural way!!!
- But due to many reasons people intending to learn Ayurveda cannot physically visit India. Lack of time, visa problems, finance are the few reasons of India visit for learning Ayurveda.
- Not only doctors but scientists, engineers, even home makers want to learn basics of Ayurveda for better health and life.
- So PDEA's College of Ayurveda & Research Centre, Nigdi, Pune (Maharashtra State, INDIA) has designed online basic Ayurveda Course for people all over the world who are interested to learn Ayurveda.
- Our intention to start Online Ayurveda course is very noble because this type of course will definitely help to receive global acclamation to Ayurveda.





Pune District Education Association's

College of Ayurved & Research Centre

(I.D.No. P.U./P.N./AYU./081/1990)

Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.

Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in

E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc_akurdi@pdeapune.org



- Basic course of Ayurveda provides a clear understanding of the fundamental principles of Ayurveda including basic body constituents –Dosha, Dhatu, and Mala with which you can modulate your diet & life style and stay healthy.

outstanding Features of Certified Online "Basic Course in Ayurveda"& Yoga

- Certified online "Basic course in Ayurveda" is designed by PDEAs College of Ayurveda & Research Centre (PDEAs CARC), Nigdi, Pune, (Maharashtra State, India).
- PDEAs CARC is recognized by AYUSH Ministry, CCIM, New Delhi, India
- PDEAs CARC is affiliated to Maharashtra University of health Sciences, Nashik, Maharashtra, India
- Wide knowledge about Ayurveda & Yoga
- Information about basic principles of Ayurveda and its application in daily life to maintain health and quality of life.
- Curriculum is designed by highly experienced faculties.
- Regular assignments to assess your understanding.
- PDEAs CARC (Recognized by AYUSH Ministry & Affiliated to Health University, Nashik, India) will confer a certificate after completion of the course
- Very reasonable course fees.

How to register for the course:

- Select the course of your interest and fill the details in the registration form.
- after registration you will receive remittance/Payment Method details through Email.

Fill the form ,attach photograph, passport details along with full remittance.

Teaching Learning Method:

- Once your registration is complete, our faculty will take 60 minutes' online lecture on Zoom
- Modules and weekly assignment as per schedule will be send via Email.
- The student is supposed to send his or her doubts via email by Wednesday).





Pune District Education Association's

College of Ayurved & Research Centre

(I.D.No. P.U./P.N./AYU./081/1990)

Sector No. 25, Pradhikaran, Nigdi, Pune-411 044 (Maharashtra State), India.

Phone - 020 - 27653965 / 27659578, Fax :- 020 - 27659578, Website - www.pdeaayurvedcollege.edu.in

E-mail - carc2006@rediffmail.com / carcakurdi@gmail.com Outlook- acrc_akurdi@pdeapune.org



II Curriculum of the Online Yoga Course

Modules of Yoga Course

Theory

1. History of Yoga
2. Ayurveda-Yoga relation
3. Eightfold steps of Yoga (Ashtanga Yoga) & its importance.

Practicals

1. Solar salutes
2. Standing yoga postures
3. Sitting yoga postures
4. Supine prone posture
5. Prone yoga postures
6. Breathing exercises



Jal
Principal

P.D.E.A.S.
College of Ayurved And Research Centre
Nigdi, Pune - 411 044.

Registration Form

Name: -----

First name

Middle name

last name

Date of Birth : / /

Gender: Male / Female

Nationality: -----

E Mail:

Mobile Phone No-

Interested Course – Basic Ayurveda / Yoga

Educational/ Qualification

Languages spoken & understood

Reason for Pursuing knowledge of Ayurveda & yoga

Occupation

Details about occupation

Upload /Email attachments

Nationality proof – Passport/ UID

Passport size latest photograph

